

Supporting Transgender Students: Best School Practices for Success **Resources for Transgender Youth, Advocates, and Parents**

Publications, Reports, and Policies

DoE OCR: *Questions and Answers on Title IX and Sexual Violence*

<http://www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf>

This recent guidance document from the U.S. Department of Education, Office for Civil Rights makes it clear that Title IX of the Education Amendments of 1972 extends to claims of discrimination based on gender identity.

ACLU and GLSEN: *Know Your Rights: A Guide for Trans and Gender Nonconforming Students*

https://www.aclu.org/files/assets/transstudent_kyr_20120508.pdf

This guide from the American Civil Liberties Union and the Gay, Lesbian, Straight Education Network provides information for trans and gender nonconforming students about their legal rights at school regarding harassment, dress code, dates for prom and other formal dances, and more.

NCTE: *Transgender and Gender Non-Conforming Students: Your Rights at School*

http://transequality.org/Resources/KnowYourRightsSchools_April2014.pdf

This brochure outlines the rights trans and gender nonconforming students have in schools under Title IX and how to file formal complaints.

GLSEN: *Model District Policy on Transgender and Gender Nonconforming Students*

http://glsen.org/sites/default/files/Trans_ModelPolicy_2013.pdf

A model school policy on how to treat transgender students, containing vocabulary definitions, commentary on discrimination, federal protection, parental involvement, dress code, and how to deal with any media attention and privacy policies.

TLC: *Transgender and Gender Non-Conforming Youth Recommendations For Schools*

<http://www.transgenderlaw.org/resources/tlcschools.htm>

This resource from the Transgender Law Center provides recommendations for addressing the severe discrimination and harassment transgender and gender non-conforming youth face in school.

GLSEN: *Harsh Realities: The Experiences of Transgender Youth in Our Nation's Schools*

<http://glsen.org/learn/research/national/report-harsh-realities>

This 2009 report documents the school experiences of 295 transgender middle and high school students and finds that these students face extremely high levels of victimization, even more so than their non-transgender lesbian, gay, and bisexual peers.

GLSEN *Supporting Transgender and Gender Nonconforming Students*

<http://www.glsen.org/article/educators-support-trans-and-gnc-students>

Video of GLSEN webinar on best practices for educators working with transgender and gender nonconforming students.

SRLP: *Fact Sheet: Transgender & Gender Nonconforming Youth In School*

<http://srlp.org/resources/fact-sheet-transgender-gender-nonconforming-youth-school/>

While some of the info on this fact sheet is specific to New York, this fact sheet from the Sylvia Rivera Law Project provides a good general overview of relevant terminology and the type of discrimination transgender and gender nonconforming youth face at school.

PFLAG: *Welcoming Our Trans Family and Friends*

<http://community.pflag.org/Document.Doc?id=202>

A guide from Parents, Families and Friends of Lesbians and Gays PDF with many resources for parents of children who are transgender or gender nonconforming.

Center for American Progress: *The Unfair Criminalization of Gay and Transgender Youth*

<http://americanprogress.org/issues/lgbt/report/2012/06/29/11730/the-unfair-criminalization-of-gay-and-transgender-youth/>

This research brief provides an overview of the experiences of LGBTQ youth in the juvenile justice system.

TLC: *Peeing in Peace: A Resource Guide for Transgender Activists and Allies*

<http://transgenderlawcenter.org/issues/public-accomodations/peeing-in-peace>

This guide from the Transgender Law Center provides information to transgender people, activists, and allies about creating bathroom safety, including tips on how to address harassment, ideas for getting good bathroom policies passed, and an outline for doing a bathroom safety campaign.

GLSEN Sports Project: *Changing the Game*

<http://sports.glsen.org/>

The GLSEN Sports Project gives ideas for students to take initiative within their own schools to make school sports a more inclusive, safe space for LGBTQ students, including resources on Title IX as it relates to the protection of transgender athletes.

Illinois Organizations and Youth Groups

Illinois Safe Schools Coalition

<http://www.illinoissafeschools.org/>

The Alliance works to promote safety, support and healthy development for LGBTQ youth, in Illinois schools and communities, through advocacy, education, youth organizing and research.

Howard Brown Health Center: *Services for Trans People*

http://www.howardbrown.org/hb_aboutus.asp?id=2702

This Chicago organization is one of the nation's oldest and largest LGBTQ health organizations and all programs and services through Howard Brown are provided regardless of insurance coverage or ability to pay. They offer health services as well as several support groups for transgender and gender nonconforming youth.

Center on Halsted: *Youth Programs*

<http://www.centeronhalsted.org/youth.html>

Chicago's LGBTQ community center provides a wide variety of programs and groups for youth, covering arts and culture, critical thinking and education, leadership and activism, recreation and sports, vocational and professional development, and sexual health and identity.

Youth Outlook: *Drop-In/Social Services*

http://www.youth-outlook.org/wordpress/?page_id=25

Offers weekly group meetings in Naperville, DeKalb, Sterling and Aurora that provide a safe social setting for youth to meet other LGBTQ teens and talk about a variety of topics. They also have a weekly group called Transcend in Naperville that focuses more specifically on gender identity.

Uniting Pride Center of Champaign County

<http://www.unitingpride.org/#!/services/cyg5>

Offers an LGBTQ youth drop-in center in Urbana three days a week as well as other educational, supportive, and social programs to promote safe schools and healthy development.

Phoenix Center of Springfield: *LGBT yOUTH Center*

<http://www.phoenixcenterspringfield.org/lgbtqa-youth-group/>

Offers a weekly LGBTQ youth support and social group.

Angles: *Discussion Groups*

<http://angles.org/teens-young-adults/pride/discussion-groups/>

LGBTQ-inclusive center for youth sexual health in Northfield providing discussion groups, a youth speakers' bureau, and social activities.

PFLAG Illinois: *Parents of Transgender Individuals Group*

<http://www.pflagillinois.org/chapter-meetings/pflag-metro-chicago/parents-of-transgender/>

A support group for parents of transgender children in the Chicago area, sponsored by Parents, Families and Friends of Lesbians and Gays.

Meetup.com: *Pinwheels*

<http://www.meetup.com/Pinwheels/>

Pinwheels is a Meetup group based in Arlington Heights for families with gender nonconforming children. They offer a parents' discussion group and a children's playgroup.

Renaissance Transgender Association: *Resource Guide*

<http://www.ren.org/resources.html>

A list of counselors in the Chicago area who deal specifically with the transgender community.

Legal Organizations

American Civil Liberties Union

<http://aclu.org/LGBT>

National Center for Lesbian Rights

<http://www.nclrights.org>

Lambda Legal

<http://www.lambdalegal.org>

Transgender Law Center

<http://www.transgenderlawcenter.org>

Sylvia Rivera Law Project

<http://srlp.org>

National Center for Transgender Equality

<http://www.transequality.org/>

Gay and Lesbian Advocates & Defenders

<http://www.glad.org/>

National Organizations and Resources

Gender Spectrum

<https://www.genderspectrum.org/>

Gender Spectrum provides consultation, training, and events designed to help families, educators, professionals, and organizations understand and address the concepts of gender identity and expression. Their website has an extensive resource section as well.

TransYouth Family Allies

<http://www.imatyfa.org>

TYFA partners with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected. They offer educational programs, online support forums, a speakers bureau, suicide prevention, and other services and resources.

Gender Odyssey Family

<http://www.genderodysseyfamily.org/>

An annual national conference for families who are working to navigate the day-to-day realities of raising a gender-nonconforming or transgender child. It is also open to teachers, administrators, medical and mental health providers, and staff from organizations that work with children.

Camp Aranu'tiq

<http://www.camparanutiq.org/>

Annual summer camps for transgender and gender-nonconforming children and teens and their families. The camps are in New England and California but welcome campers from anywhere.

Transgender Child

<http://www.transgenderchild.net/>

A website that provides extensive information, resources, and support for the parents of transgender and gender nonconforming children.

WeHappyTrans

<http://wehappytrans.com/>

A website that provides a platform for trans people to share positive stories about their lives. They also have a blog that covers media, news, support, and legal issues.

Gender Diversity

<http://www.genderdiversity.org/>

Gender Diversity provides family support, works with schools, and provides community-building services to improve the well-being for people of all gender identities and expressions.

The Trevor Project

<http://www.thetrevorproject.org/>

A 24-hour crisis and suicide prevention hotline for LGBTQ youth.