EXHIBIT 1

Page 1 IN THE UNITED STATES DISTRICT COURT FOR THE SOUTHERN DISTRICT OF ILLINOIS JANIAH MONROE, MARILYN) MELENDEZ, EBONY STAMPS,) LYDIA HELENA VISION, SORA) KUYKENDALL, and SASHA REED,) Plaintiffs,) Case No.) 18-CV-156-DRH-DGW vs. BRUCE RAUNER, JOHN BALDWIN,) STEVE MEEKS, and MELVIN) HINTON,) Defendants.)

Videotaped Deposition of DR. SHANE REISTER

Chicago, Illinois

Friday, April 19, 2019 - 9:01 a.m.

Reported by: ELIA E. CARRIÓN, CSR, RPR, CRR, CRC Job No. 25002

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1	many hours involved for each of those hours.	1	we utilize for the mental health. It's it's
2	Q. But you're generally responsible for all	2	written in there.
3	mental health needs of the people	3	We also discuss it, and I provide
4	A. Yes. It is	4	consultation and you know, now the committee
5	Q in the southern prison	5	members are are familiar. But, you know, the
6	A. Yes.	6	criteria for example, I I remind people about
7	MR. HIGGERSON: And again, let him finish.	7	the criteria that you would use.
8	THE WITNESS: Oh, I'm sorry.	8	Q. When you say you remind people, you
9	Q. (By Mr. Knight) Okay. Okay. And the	9	remind people on the committee about the WPATH
10	you mentioned the transgender committee meetings.	10	standards?
11	Are you actually a member of that committee?	11	
	A. Yes.	12	A. Yes. Because we have changes in
12			operational people, that sort of thing. We want
13	Q. Because the notes reflect you as a	13	the everybody to be well-educated. So
14	participant as opposed to a member.	14	occasionally, people will ask questions and I can
15	A. I	15	answer those.
16	Q. That is, the committee records show that	16	Q. And so does the committees follow the
17	you're you're a participant, not a member.	17	standards of care?
18	A. The primary people are it's going to	18	A. Yes.
19	be the chief of medical, the chief of psychiatry,	19	Q. And I you're right, the we're
20	and the chief of mental health. I'm not a chief, so	20	talking about just to be clear, we're talking
21	I wouldn't be listed as a primary group member. But	21	about the WPATH Standards of Care; is that
22	there's also the transfer coordinator's office,	22	A. The WPATH Standards of Care.
23	various operational people, all of the individuals	23	Q. Okay. And you you, I assume, are
24	on the site. There's gotta be a representative from	24	familiar with the fact that there are three
	Page 35		Page 37
1	medical, a representative from mental health, a	1	different kinds of medical treatments that are
2	representative from the administrative team.	2	provided to treat gender dysphoria; is that right?
3	And we all work as a multidisciplinary	3	A. Uh-huh. You can have a therapeutic
4	team and as a multidisciplinary staffing. And	4	approach. You can use a medical approach. We use a
5	every one of them I'm invited to, and they would	5	systems approach as well. That fits into dealing
6	like me to be on them. And I've been doing that for	6	with the stigma management. So we're dealing on
7	over six years.	7	multiple level on multiple levels with the care.
8	Q. Okay. Well, so you're saying there are	8	Q. So specifically, though, when it comes to
9	key members. You're not one of those, but you're	9	medical treatment for gender dysphoria
10	there	10	A. Uh-huh.
11	A. An ongoing	11	Q there are three forms?
12		12	A. Uh-huh.
13	· ·	13	
		14	Q. Would you agree? Social social transition?
14	Q ongoing basis?	1	
15	A. Uh-huh.	15	A. Uh-huh.
16	Q. Are you always there?	16	Q. Hormone therapy?
17	A. I'm not always there.	17	A. Uh-huh.
18	Q. And is the the transgender committee	18	Q. And surgical treatment?
19	familiar with the WPATH standards?	19	A. Yes.
20	A. Yes.	20	Q. And those are set out in the standards of
0 1	Q. And how do you say that? Why do you say	21	care as
21			
22	that?	22	A. That
		22 23 24	 A. That Q as a part of the treatment for the condition; is that right?

10 (Pages 34 to 37)

	Page 50		Page 52
1			
1	Q gender dysphoria?	1	A. And this is a primary source that I use
2	A. Yes. If they're treating for gender	2	for trainings as well as for AD development.
3	dysphoria, they are master's or doctorate level	3	Q. Okay. And taking a look at and and
4	clinicians.	4	maybe you're familiar with this, but just
5	Q. And have these individuals received	5	A. Uh-huh.
6	continuing education in assessing and treating	6	Q if you would just take a look at
7	gender dysphoria?	7	page 25. I take it you would agree and understand
8	A. Well, in terms of continuing education	8	that the standards of care clarify and again,
9	credits, I do not know specifically what these	9	this would be on page 25
10	individuals have been doing. I don't monitor their	10	A. Uh-huh.
11	continuing ed. I provide them trainings and we do	11	Q in that last paragraph that for
12	case consultations as well.	12	that it's important for mental health professionals
13	Q. Okay. Well, that's one of the minimum	13	to recognize that decisions about hormones are first
14	standards, is this continuing education.	14	and foremost the client's decision?
15	A. Uh-huh.	15	A. Yes.
16	Q. You understand that?	16	Q. And is that true at the Department of
17	A. Yes. The department is actually has	17	Corrections, in your mind?
18	the ability to provide continuing education credits.	18	A. Yes.
19	We're authorized to provide those.	19	Q. And and yet there's this review
20	Q. Okay. But my question is: Do you know	20	process through the committee about whether one can
21	whether those MHPs who are treating prisoners have	21	get hormones?
22	had continuing education?	22	A. The review the review process
23	A. They should be	23	how how should I put this? The review process
24	Q. In the assessment	24	helps ensure access to care and the quality of care
	Page 51		Page 53
1	A getting continuing education.	1	across the state. So we have an oversight quality
2	Q. They they should be, but you're not	2	to it; and that way, we can ensure that offenders
3	sure?	3	offenders' mental health providers and the team are
4	A. I have not surveyed and collected the	4	required to be prepped within 30 days of arrival at
5	specific data.	5	
6	MR. KNIGHT: Okay. Why don't we mark this.		any parent institution to address the security,
		6	any parent institution to address the security, medical, and mental health needs.
7	(WHEREUPON, discussion was had off	6	
7 8			medical, and mental health needs.
'	(WHEREUPON, discussion was had off	7	medical, and mental health needs. This way, the committee is able to ensure
8	(WHEREUPON, discussion was had off the record.)	7 8	medical, and mental health needs. This way, the committee is able to ensure consistency of care, access to care. It provides an
8 9	(WHEREUPON, discussion was had off the record.) (WHEREUPON, a certain document was	7 8 9	medical, and mental health needs. This way, the committee is able to ensure consistency of care, access to care. It provides an opportunity to ensure that offenders aren't having
8 9 10	(WHEREUPON, discussion was had off the record.) (WHEREUPON, a certain document was marked Reister Exhibit 1, for	7 8 9 10	medical, and mental health needs. This way, the committee is able to ensure consistency of care, access to care. It provides an opportunity to ensure that offenders aren't having unnecessary lapses within 24 hours. You know, we
8 9 10 11	(WHEREUPON, discussion was had off the record.) (WHEREUPON, a certain document was marked Reister Exhibit 1, for identification, as of	7 8 9 10 11	medical, and mental health needs. This way, the committee is able to ensure consistency of care, access to care. It provides an opportunity to ensure that offenders aren't having unnecessary lapses within 24 hours. You know, we want to ensure that there's proper bridging. So we
8 9 10 11 12	(WHEREUPON, discussion was had off the record.) (WHEREUPON, a certain document was marked Reister Exhibit 1, for identification, as of April 19, 2019.)	7 8 9 10 11 12	medical, and mental health needs. This way, the committee is able to ensure consistency of care, access to care. It provides an opportunity to ensure that offenders aren't having unnecessary lapses within 24 hours. You know, we want to ensure that there's proper bridging. So we make sure that we contact the medical director on
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8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	 (WHEREUPON, discussion was had off the record.) (WHEREUPON, a certain document was marked Reister Exhibit 1, for identification, as of April 19, 2019.) Q. (By Mr. Knight) If you could just take a look, Dr. Reister first of all, would you identify for the record, what are these? A. These are the WPATH Standards of Care for Health of Transsexual, Transgender, and Gender Nonconforming People. Q. And this is what we were talking about before that the department governs A. Uh-huh. Q its care on? 	7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	 medical, and mental health needs. This way, the committee is able to ensure consistency of care, access to care. It provides an opportunity to ensure that offenders aren't having unnecessary lapses within 24 hours. You know, we want to ensure that there's proper bridging. So we make sure that we contact the medical director on receiving centers to ensure that we have continuity of care. And the committee also is there to ensure that we prepare individuals who do not have either they were on black market hormones or perhaps they're just an identity clarification. The individual I worked with at at Dixon went from identifying as a gender male and being in the closet. And I worked with her on identity formation and working through the process

14 (Pages 50 to 53)

	Page 78		Page 80
1	A. Yes.	1	doing no harm, those kinds of ethical standards.
2	Q. Okay.	2	Q. So is the Department of Corrections'
3	A. Yeah. There's specifically on	3	intent to follow all applicable standards and the
4	page 67	4	the latest standards
5	Q. Right.	5	A. Uh-huh.
6	A is living in institutions.	6	Q in providing care for transgender
7	Q. Right. And so you said in your	7	individuals?
8	testimony earlier, you suggested there was something	8	A. Yeah.
9	different about the institutional environment in	9	Q. And by med I mean medical standards.
10	terms of how the standards of care would apply. And	10	Let me be clear: Is it the department's intent to
11	I just so that seems a little inconsistent with	11	follow all prevailing applicable mental health
12	what the standards actually say.	12	standards to trans to the medical medical
13	A. I'm not quite sure what I said. It	13	treatment of transgender individuals?
14	Q. Well, I guess	14	A. In terms of how I'm writing the mental
15	A. Yeah.	15	health standards and the standard operating
16	Q. And why don't we just as opposed to	16	procedure manual, the intent is to follow the
17	going back to what you said before	17	standards.
18	A. Yeah.	18	Q. And
19	Q your when you say that the	19	A. So the mental health care which falls
20	department of correction applies the standards of	20	under my jurisdiction is designed to do that.
21	care, you mean in their whole to the prison	21	Q. Okay. And one of those standards would
22	environment? So in other words, you're not treating	22	be the WPATH Standards of Care?
23	the institutional environment as the care is going	23	A. Yes.
24	to be different because it's the institutional	24	Q. Are there any other specific standards
	Page 79		Page 81
1	environment; is that right?	1	that are specific to the treatment of gender
2	A. Yes. We want to treat gender dysphoria	2	dysphoria that the committee applies other than the
3	in a way that is in a consistent manner with WPATH,	3	standards the WPATH Standards of Care?
4	and so that's how I wrote the mental health	4	A. The WPATH standard is what we utilize.
5	treatment.	5	Q. Okay. And looking again at Exhibit 2
6	Q. Right. And are there other than the	6	A. Uh-huh.
7	WPATH Standards of Care, are there any other	7	Q did the committee follow the standards
8	standards that that the Department of Corrections	8	of care when it reviewed and made the decision about
9	applies to its care of transgender individuals?	9	treatment for for this inmate?
10	A. Well, the mental health standards, I	10	A. Yes. Because an individual did not have
11	think, are important to make sure that they're	11	sufficient stability in terms of the coping skills,
12		12	and so that ware conne work on the DTSD symptoms to
1 2	getting appropriate care, sensitivity, cultural		and so they were gonna work on the PTSD symptoms to
13	awareness.	13	get those better under control so the coping was
14	awareness. Q. And I'm sorry. Which mental health	13 14	get those better under control so the coping was sufficient to be able to transition.
14 15	awareness. Q. And I'm sorry. Which mental health standards are you talking about?	13 14 15	get those better under control so the coping wassufficient to be able to transition.Q. And so it's your your belief that that
14 15 16	awareness.Q. And I'm sorry. Which mental health standards are you talking about?A. Social workers have standards.	13 14 15 16	get those better under control so the coping was sufficient to be able to transition.Q. And so it's your your belief that that would be consistent with the standards of care?
14 15 16 17	 awareness. Q. And I'm sorry. Which mental health standards are you talking about? A. Social workers have standards. Counsel 	13 14 15 16 17	get those better under control so the coping was sufficient to be able to transition.Q. And so it's your your belief that that would be consistent with the standards of care?A. Yes.
14 15 16 17 18	 awareness. Q. And I'm sorry. Which mental health standards are you talking about? A. Social workers have standards. Counsel Q. Did 	13 14 15 16 17 18	 get those better under control so the coping was sufficient to be able to transition. Q. And so it's your your belief that that would be consistent with the standards of care? A. Yes. MR. KNIGHT: I'd like to mark this as Reister
14 15 16 17 18 19	 awareness. Q. And I'm sorry. Which mental health standards are you talking about? A. Social workers have standards. Counsel Q. Did A counselor associations have standards. 	13 14 15 16 17 18 19	 get those better under control so the coping was sufficient to be able to transition. Q. And so it's your your belief that that would be consistent with the standards of care? A. Yes. MR. KNIGHT: I'd like to mark this as Reister exhibit actually, I realize that since we have
14 15 16 17 18 19 20	 awareness. Q. And I'm sorry. Which mental health standards are you talking about? A. Social workers have standards. Counsel Q. Did A counselor associations have standards. There's standards in the APA, the American 	13 14 15 16 17 18 19 20	 get those better under control so the coping was sufficient to be able to transition. Q. And so it's your your belief that that would be consistent with the standards of care? A. Yes. MR. KNIGHT: I'd like to mark this as Reister exhibit actually, I realize that since we have two deponents, should we does it make sense to
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14 15 16 17 18 19 20 21 22	 awareness. Q. And I'm sorry. Which mental health standards are you talking about? A. Social workers have standards. Counsel Q. Did A counselor associations have standards. There's standards in the APA, the American Psychological Association, American Psychiatric Association. So each each specialty has ethical 	13 14 15 16 17 18 19 20 21 22	get those better under control so the coping was sufficient to be able to transition. Q. And so it's your your belief that that would be consistent with the standards of care? A. Yes. MR. KNIGHT: I'd like to mark this as Reister exhibit actually, I realize that since we have two deponents, should we does it make sense to call this 30(b)(6) exhibits or MR. HIGGERSON: I think you could show
14 15 16 17 18 19 20 21	 awareness. Q. And I'm sorry. Which mental health standards are you talking about? A. Social workers have standards. Counsel Q. Did A counselor associations have standards. There's standards in the APA, the American Psychological Association, American Psychiatric 	13 14 15 16 17 18 19 20 21	get those better under control so the coping was sufficient to be able to transition. Q. And so it's your your belief that that would be consistent with the standards of care? A. Yes. MR. KNIGHT: I'd like to mark this as Reister exhibit actually, I realize that since we have two deponents, should we does it make sense to call this 30(b)(6) exhibits or

21 (Pages 78 to 81)

	Page 86		Page 88
1	Q to respond to these questions in the	1	MR. HIGGERSON: I'm going to object to that.
2	deposition?	2	He's not here as a as an individual witness.
3	A. Oh, to no. No, not to respond to the	3	He's here as the department's representative.
4	questions. These are are things that I	4	MR. KNIGHT: Okay. Well, of course we can
5	reviewed the questions beforehand and gave some	5	depose him individually and if that's what you'd
6	thought to it, and you saw my notes and different	6	like, so
7	things.	7	MR. HIGGERSON: If you want his individual
8	Q. Are there ways in which the Department of	8	opinions, yes, we'll have to do a separate
9	Corrections is not following the standards of care?	9	deposition.
10	A. I think one of the challenges with the	10	MR. KNIGHT: Well, I I mean, if is
11	department is some of the things that individuals	11	there is there not any reason why he can't
12	would do out in the community are not accessible	12	go ahead and answer these questions in his
13	in in, you know, the department due to like	13	individual capacity so long as we make that clear?
14	property restrictions, movement restrictions, things	14	MR. HIGGERSON: Yeah. The reason is we're just
15	like that. You know	15	here to present him as a $30(b)(6)$ witness. He
16	Q. So I I	16	hasn't been prepared as an individual witness. He's
17	A for like for example	17	been prepared to answer those topics for the
18	1	18	department.
19	Q. I I'm sorry. A. Oh.	19	MR. KNIGHT: So you're not going to let him
20	Q. I am I actually, it would be	20	answer with respect to his individual opinions?
21	helpful if you would answer my question. And then	21	MR. HIGGERSON: We're not.
22	you can explain, but I'm just	22	MR. KNIGHT: You're instructing him not to
23	A. Oh.	23	answer the question?
24	Q I'm really just asking: Does the	24	MR. HIGGERSON: Yes.
2 7		2 1	
	Page 87		Page 89
1	Department of Corrections follow this are there	1	Q. (By Mr. Knight) Does does your
2	ways in which the Department of Corrections does not	2	personal opinion differ in any way from the
3	follow the standards of care?	3	institutional opinion?
4	A. The Department of Correction is	4	MR. HIGGERSON: Objection. That's the
5	consistent with the standards of care for how the	5	Q. (By Mr. Knight) From the Department of
6	department operates in terms of what is accessible	6	Corrections' opinion?
7	within the department.	7	MR. HIGGERSON: That's the same question. He's
8	Q. So I I still don't know. Does does	8	not going to answer that either.
9	it follow them or does it not?	9	MR. KNIGHT: And you're instructing him not to
10	A. I would argue yes.	10	answer?
11	Q. Okay. And and you don't think there	11	MR. HIGGERSON: I am.
12	are any ways in which they are failing to live up to	12	Q. (By Mr. Knight) Is there so in terms
13 14	the standards? MR. HIGGERSON: You're asking him as the	13 14	of the committee process, is there ever dissent on the committee that compare decar't agree with the
		1	the committee, that someone doesn't agree with the ultimate decision that the committee takes?
15 16	department's representative? MR. KNIGHT: I am.	15 16	
16		17	A. The committee has various opinions, and it has to arrive at a final decision.
18	MR. HIGGERSON: And not his personal opinion on that; right?	18	
19	MR. KNIGHT: Yes. Correct.	19	Q. Okay. But my question was: Is there ever dissent from the final decision of the
20	MR. HIGGERSON: Yeah.	20	committee?
20	IVIN, HIUULNSUN, I Call.	1	
21	A. From the department's perspective, it is	21	A. There have been differing opinions, and then the committee will make a final decision
21 22	A. From the department's perspective, it is consistent with the standards.	22	then the committee will make a final decision.
21	A. From the department's perspective, it is		

23 (Pages 86 to 89)

	Page 94		Page 96
1	They're because keep in mind, our offenders at	1	hormones on people that were not completely
2	Dixon Correctional Center, if they're in STC, the	2	stabilized because they needed it in in order to
3	special treatment unit, or in the psychiatric unit,	3	deal with the depression 'cause it was related to
4	they might be destabilized enough to not have	4	the gender dysphoria.
5	capacity due to their mental health.	5	And those are the kinds of discussions
6	Q. Okay.	6	that we have when we talk about, you know, putting
7	A. But an example would be psychoticism	7	in different ideas in there.
8	where they're just aren't having reality contact.	8	Q. Is so I'd like to turn to talking
9	Q. Right.	9	about the committee's knowledge
10	A. And so you would need to stabilize their	10	A. Uh-huh.
11	medications before you could give hormones. But	11	Q regarding the risks associated with
12	somebody with a psychotic disorder can receive	12	failing to provide med adequate medical
13	hormone treatment, but they have to be stabilized	13	treatment.
14	enough to do informed consent.	14	A. Yes.
15	Q. And the when you talk about reasonably	15	Q. Is the is the committee the the
16	well-controlled	16	committee is I'm sorry.
17	A. Uh-huh.	17	Is the committee aware of the heightened
18	Q I I'm not what what does that	18	risk of suicidality among transgender individuals?
19	mean? And I and when you say "reasonably	19	A. Yes.
20	well-controlled," you're talking about what?	20	Q. And is it aware of the heightened risk
21	A. We're talking about symptoms, social	21	among people with transgender people with gender
22	functioning.	22	dysphoria?
23	Q. Symptoms. So if someone is deeply	23	A. Yes.
24	depressed, then you would not start them on hormone	24	Q. And can suicidality be a symptom of
	Page 95		Page 97
1	therapy?	1	untreated or poorly treated gender dysphoria?
2	A. It depends. We have some people who are	2	A. Yes.
3	deeply depressed directly related to the gender	3	Q. And how long has the committee been aware
4	dysphoria, and we we have started hormones even	4	of these heightened risks of suicidality?
5	though they were still symptomatic. But if somebody	5	A. Well, I would assume for I I
6	was on a crisis watch recently, we might want them	6	couldn't give you a date, but it's I've been
7	to stabilize a little bit longer before we initiate		aware of it since I've been on the committee.
8	hormones.	8	I mean, it's one of those reasons why we are
9	Q. Are isn't it true that someone with	9	prescribing when individuals aren't completely
10	untreated gender dysphoria could be on crisis watch?	10	they may still be symptomatic, because of the risk
11	A. And that's why it's a case-by-case basis.	11	of suicide.
12	That's why we do it by committee and we don't just	12	Q. So I guess my question is really: Do
13	set rules out there. Because then we would discuss	13	is it your understanding and you're speaking for
14	in the committee what the nature of the crisis watch	14	the committee or the department, I guess?
15	was.	15	A. Uh-huh.
16	Q. So if someone were in crisis or	16	Q that the department and certainly the
$10 \\ 17$	depressed	17	committee would be would have been aware of those
18	A. Uh-huh.	18	heightened risks as long as you've been on the
19	Q because of their untreated gender	19	committee?
20	dysphoria, then it would be proper to go ahead and	20	A. Yes.
21	start	21	Q. Okay. Is the committee made aware of
22	A. Oh, yes.	22	specific individuals who have engaged in self-harm
23	Q hormone therapy?	23	who would because of gender dysphoria?
24	A. Yes. And we have actually started	24	A. When they present a case, they talk about

25 (Pages 94 to 97)

	Page 106		Page 108
1	write-up for an update for Offender Reed. I'm	1	Q. And those came to the attention of the
2	assuming that's the name.	2	committee, at least would because they're part of
3	Q. Okay. Why don't we just and why don't	3	this
4	we identify this as Bates No. 1330 to 1348. Okay.	4	A. Yeah.
5	And then looking at page 1338, looking at	5	Q committee meeting notes?
6	the bottom again	6	A. Yes.
7	A. Yes.	7	Q. And I believe it at the bottom of the
8	Q who is Tiffany Hill?	8	page, it talks about three separate crisis watches?
9	A. Tiffany Hill is a former mental health	9	A. Yes.
10	provider in the Menard mental health team. She's no	10	MR. KNIGHT: Okay. Let's identify this as
11	longer in the mental health department.	11	Reister Exhibit 5.
12	Q. Did she have a graduate degree, by the	12	(WHEREUPON, a certain document was
13	way?	13	marked Reister Exhibit 5, for
14	A. Yes. She had a	14	identification, as of
15	Q. And	15	April 19, 2019.)
16	A master's degree.	16	THE WITNESS: Thank you.
17	Q. And so this is an email to the	17	Q. (By Mr. Knight) Okay. So and this is
18	Dr. Dempsey?	18	also a committee update; is that right?
19	A. Uh-huh.	19	A. Yes.
20	Q. And Dr. Dempsey was the previous chief of	20	Q. And this would be for Ms. Monroe?
21	psychiatry?	21	A. Yes.
22	A. That is correct.	22	Q. And this the first page is dated
23	Q. And well, you know, how does this	23	November 2016?
24	specific email relate to the committee meeting?	24	A. Uh-huh.
	Page 107		Page 109
1	A. Can I have a minute to read it?	1	Q. So that was an update. And then the
2	Q. Sure.	2	second page looks like it's June 17, 2016?
3	A. Okay. Okay.	3	A. Uh-huh.
4	Okay. And what was your question again?	4	Q. And then back in February 19, 2016
5	Q. How does this email to Dr. Dempsey relate	5	A. Uh-huh.
6	to to the committee? I mean, is this	6	Q you'll see that there are references
7	First of all, I want to ask a different	7	to self-harm. So, for example, she says or the
8	question: Is this information that's that was	8	notes say if that offender made statements such
9	provided to the committee?	9	as I'd rather die than live live with a penis.
10	A. I would assume so. Because Dr. Dempsey,	10	I'm and then it a note from, it looks like a
11	at the time, was heavily involved in the committee.	11	licensed clinical social worker? Is that that's
12	So I'm assuming that it is.	12	a reference to the medical records?
13	Q. Okay.	13	A. Yes.
14	A. I can't be certain	14	Q. And and is this I believe you said
15	Q. Okay.	15	this is prepared by the facility medical staff? Or
16	A because it doesn't say specifically	16	there's information from the facility medical staff
17	anywhere that it's related directly to the	17	that goes into the report?
18	committee.	18	A. Well, generally what would happen is
19	Q. Okay. Well, you would agree, though, on	19	Ms. Thomas would submit the basic information about
20	page 1338, that	20	the case to the committee, and then Dr. Shicker
21	A. Uh-huh.	21	would've taken that information to help generate
22	Q there are references to the inmate or	22	this report, combining the information submitted
23 24	offender being suicidal?	23	with why it was discussed in the TCRC meeting.Q. Okay. But you you and you would
	A. Yes.	24	\mathbf{U} = \mathbf{U} (\mathbf{K} a \mathbf{V} = \mathbf{K} and \mathbf{V} and \mathbf{V} and \mathbf{V} and \mathbf{U} a

28 (Pages 106 to 109)

	Page 110		Page 112
1	you understand from this that the committee was made	1	them for receiving hormones, how to deal with gender
	aware of Ms. Monroe's cutting of her genitals?	2	identity confusion, that sort of thing.
3	A. Yes. I believe it's in here. Yes.	3	Q. Is this and is this training offered
4	Q. And her plan to cut them off?	4	both to Wexford staff and to Department of
5	A. Yes.	5	Corrections staff?
6	Q. And it goes on to say and that she no	6	A. Both staff are offered that they can come
7 1	longer wants to live?	7	to the trainings, yes.
8	A. Uh-huh. Yes.	8	Q. Okay. And it it is it sounds like
9	Q. Okay. So the committee then obviously	9	it's voluntary. They're offered the training; is
	in as of that date, February 2016, was made aware	10	that right?
	that Ms. Monroe was suicidal and engaging in	11	A. Yes. The Wexford staff are not my direct
	self-harm and intending to engage in self-harm?	12	staff, so they don't fall under my line. So I can
13	A. Yes.	13	strongly recommend for them to come; and at the end
14	Q. Okay. So I'd like to turn to your the	14	of the day, they are Wexford Health Sources
	committee's response to the topic of training on the	15	employees.
	treatment of gender dysphoria or regarding	16	Q. So but you can't
	transgender individuals provided to Department of	17	A. Yeah.
	Corrections staff, whether those staff work for the	18	Q require them to be there?
	Department of Corrections or for Wexford.	19	A. No. But they generally will they
20	Now, there can be transgender inmates in	20	generally request to come. So I don't usually hear
	all of the facilities; is that right?	21	of problems with individuals wanting to get trained.
22	A. That is correct.	22	Q. Has every mental health
23	Q. And that could be true for the boot camp	23	And and when did this training start?
	as well?	24	A. Ooh, I'll be honest, I don't have the
1	Page 111	1	Page 113
1	A. Yes. We had somebody successfully	1	dates. I've done this training last year in the
	complete the boot camp who was transgender, a	2	three regions and I believe the maybe the year
	transgender woman.	3	before or the year before that. And I have requests
4	Q. So have the mental health professionals	4	to do it again, the Part 1, up north.
	at the facilities been trained to treat transgender individuals?	5	We have a turnover of staff, so sometimes
7		6 7	I will need to periodically do it. So I'll probably
	A. I offer trainings on a regular basis. The last set of trainings that I did were four-hour	8	get that one done relatively soon so that they're
	trainings. It's the current Part 1.	9	ready for Part 2 when they go to the north of Part 2.
10	6	10	
	Q. So I'm I'm sorry. My question was: Have you provided it?	11	Q. So I'm a little unclear. It started
12	A. Yes.	12	so we're in 2019. You're saying you did training in 2018?
13	Q. Okay. And when did when in what	13	A. Yeah. The I believe yes, 2018.
	form do you provide that?	14^{13}	And then I don't recall when I did the other the
15	A. We will gather together in different	15	other trainings. So a lot of the training has been
		16	e
	regions. The last time I did it, I did it in the I believe it was Dixon Correctional Center. So we	17	through the transgender care case conference that happens once a month.
	will get mental health providers, we'll shoot out an	18	
	email that we're having it on a certain date, and	19	Q. Okay. But in terms of this training we're talking about
	then those who need the training will come to the	20	A. This is
	facility, and then we will discuss.	21	
22	So it'll be, you know, talking about	22	Q it may have started in 2018; you're not sure?
	cases, talking about how to assess, talking about	23	
	how to work and how to prepare somebody and ready	24	A. Oh, no, no. We did it in 2018.Q. Right.
	now to work and now to prepare somethous and ready	14 7	V. Nigill.

29 (Pages 110 to 113)

	#	541	
	Page 122		Page 124
1	outward LGBT movement, I will go into more details	1	A. Yeah, that's the WPATH standards.
2	about what that event was, like that was the	2	Q. And on page let's see. I guess it's
3	Stonewall uprising.	3	Slide 49? And this talks about language.
4	And I'll describe what actually happened	4	A. Yes.
5	when that occurred. And it basically started off	5	Q. And and so this would be this would
6	some very visible LGBT rights movement. And so I'll	6	be a reference to things like misgendering?
7	go into more details about these more general topics	7	A. Yes.
8	for Part 1.	8	Q. And using terminology certain kinds of
9	Q. All right.	9	offensive terminology for transgender individuals is
10	(WHEREUPON, discussion was had off	10	what
11	the record.)	11	A. Yes.
12	Q. (By Mr. Knight) And so if you just take	12	Q. So do you talk to them about what things
13	a look at Slide No. 3	13	should not be what kinds of specific things
14	A. Yes.	14	should not be said to prisoners?
15	Q this is this is, I assume, a	15	A. Yes. Let me let me look at the slide.
16	PowerPoint?	16	'Cause there's a specific slide that I talk about
17	A. Yes.	17	basically things that we have to make sure we
18	Q. And so I believe you said this you	18	address. There's a slide that specifically states
19	haven't started this is just developed, you're	19	that. I've just got to find it.
20	not you haven't actually done this training?	20	Q. Well, No. 50, if you'll look at that
21	A. This was presented to the one very	21	one
22	similar to this was presented to the wardens, to all	22	A. Yeah. It's
23	the wardens at their latest wardens' meeting. I	23	Q so No. 50
24	forgot the date of when that was, but that was only	24	A. Yes, I'm
	Page 123		Page 125
1	like a month or two ago.	1	Q this talks about how misgendering is
2	I took their feedback and their	2	psychologically harmful, stressful, and interferes
3	questions. And they asked to make sure that the	3	with treatment?
4	basically, to word things that were a little	4	A. Yes.
5	scientific and to provide some context that might be	5	Q. Okay. And that's something that you have
6	a little easier for people to learn. So I updated	6	talked have said to the wardens? Was this a part
7	some of the slides, trying to simplify the concepts	7	of what you showed the wardens?
8	and using, like, analogies and things like that so	8	A. Yes.
9	that it was a little more accessible. Because the	9	Q. But it's it's something you intend
10	scientific terms alone, they didn't feel was	10	to to say to all staff?
11	accessible enough.	11	A. Yeah. The only changes that we are gonna
12	And so I updated. These are the slides	12	do if and we may launch it just as-is if we can't
13	that were updated from the feedback I received from	13	get it done before we already basically are
14	the wardens. And I also added at the very end of	14	setting the dates for the the training. I'm
15	these slides commonly asked questions. Because they	15	I'm going to try to go through 'cause there's a
16	asked for commonly asked questions, like a a Q	16	typo in here. I wrote couch instead of coach on
17	and A, question-and-answer section.	17	some one of the slides.
18	Q. Okay.	18	And then we're going to clean up. And
19	A. So I added those commonly asked	19	basically, like on this slide where it has a period
20	questions.	20	after pronoun and after woman, after he-she, I'm
21	Q. Okay. And then looking at page 3,	21	going to eliminate the punctuation on that.
22	there's a reference to internationally recognized	22	So there are some grammatical punctuation
23	standards of care. Is that the WPATH Standards of \overline{a}	23	things that we're going to try to get done, as long
24	Care?	24	as it doesn't mess up the audio. There was some

32 (Pages 122 to 125)

	#	542_	
	Page 126		Page 128
1	concern in the training department that we may be	1	Q. Okay. And then in Slide 54, there's a
2	better off just launching it with the grammatical	2	a a reference to the fact that the degree of
3	problems if it messes up the audio.	3	confirmation impacts psychological well-being. And
4	'Cause this autoplays. Once you hit	4	then it references medical interventions and social
5	the once you press forward to the second slide,	5	environment.
6	it autoplays. If you mess with the slides, it out	6	A. Yes.
7	of syncs everything and you have to start over.	7	Q. And so that would be the the that
8	So they're concerned it may change it.	8	your your this slide is indicating or teaching
9	So it may go exactly as-is. But if we change it	9	that the inability to to have medical medical
10	so long as there's no complaints. But the	10	interventions would have a harmful impact on
11	department is planning on launching it with just	11	psychological well-being?
12	a slight grammar punctuation changes. And it's	12	A. Yes.
13	going to all the staff, regardless of your position,	13	Q. And the same would be true of social
14	whether you're an office assistant, a correctional	14	environment issues?
15	officer, everybody.	15	A. Yes.
16	Q. And what about the Wexford staff?	16	Q. Is that and those social environments
17	A. And Wexford staff are required to go to	17	are the
18	this training. And this is a requirement.	18	A. Uh-huh.
19	• •	19	Q that's a reference to to the social
	Q. How how how is it that they are	20	transition that we talked about?
20 21	required to go to it?	21	A. Yes.
22	A. They have to they are required to go	22	
22	to certain of our cycled trainings. And this is	23	Q. Okay. And then looking at Slide 58, this
	embedded into the one that all staff must go to.	24	talks about the increased risk of suicide among
24	And so, therefore, they have to go to this training.	24	transgender transgender individuals?
	Page 127		Page 129
1	Q. Okay. And then Slide 53 talks about	1	A. Yes.
2	gender dysphoria being triggered. Do you are you	2	Q. And the studies that support that?
3	there?	3	A. Yes.
4	A. Yes.	4	Q. Looking at Slide 67 oh, I so I
5	Q. It talks about gender dysphoria being	5	guess there's a reference to the various things that
6	triggered if the desired physical interventions by	6	the Department of Corrections provides and okay.
7	means of hormones and/or surgery are not available.	7	All right.
8	A. Yes.	8	Well, I don't know if you're familiar
9	Q. And so that would be, for example, the	9	with this slide. Apparently what's on the slide
10	need for surgery but not that not being	10	that was given to us has different information than
11	available?	11	what shows up on the printout. So in the in the
12	A. Yes.	12	information there, it looks like it says IDOT
13	Q. Okay. And it also talks about culturally	13	provides nationally recognized medical interventions
14	prescribed attire and cosmetics that that need	14	to address
15	or the access to that may cause negative emotional	15	A. Uh-huh.
16	status [verbatim]?	16	Q gender dysphoria. So do you see what
17	A. This is a problem which individuals do	17	I'm saying?
18	communicate to the mental health department.	18	A. Yeah, it
19	Q. So that that, for that would be	19	Q. Or it or I'm sorry. It's not there?
20	social transition	20	A. Yeah, the script is missing on
21	A. Related.	21	Q. Okay. But but that's what you
		100	recognize you know that that's what it in
22	Q related? For example, access to	22	recognize you know that that's what it in
	Q related? For example, access to clothing consistent with gender identity?A. Yes.	22 23 24	fact, it indicates? A. Yeah. It would be written on there

33 (Pages 126 to 129)

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			D 100
	Page 130		Page 132
1	'cause I read it when I was I read it verbatim	1	individual conducting searches?
2	when I was doing the slides. So what's written	2	A. Correct.
3	there is probably what's missing off of here.	3	Q. So you're saying that in male facilities,
4	Q. Okay. Okay. Well, in terms of medical	4	men would be conducting the searches?
5	interventions, what is it that the Department of	5	A. Yes. In general, it would unless there
6	Corrections provides?	6	was a specific change that would be based on a an
7	A. We provide hormone treatment for gender	7	offender grievance or an emergent situation where
8	dysphoria. And then we haven't yet to, but we have	8	they would need multiple genders doing the searches.
9	not ruled out, if gender dysphoria symptoms are not	9	Q. And and what do you mean by "multiple
10	abated, use of other procedures as well, such as	10	genders doing the searches"?
11	surgeries.	11	A. If there was an emergency and we had to
12	Q. Okay. But you you haven't provided	12	quickly evacuate, for example, we we reserve the
13	surgery at this point?	13	right to be able to have either gender do searches
14	A. Not at this point, but it is not that	14	so as long as they're following professionalism.
15	it is not available.	15	And everybody's been trained on professionalism
16	Q. Looking at Slide 74, so this references	16	Q. Okay. But how
17	searches, but it doesn't reference the the gender	17	A who would be doing that.
18	of the person who should be conducting this search.	18	Q. Right. But outside of that emergency
19	A. The department	19	A. Uh-huh.
20	Q. Is that is that right, what I what	20	Q you're saying that a woman who's
21	I just said?	21	transgender in a male facility will be searched by
22	A. Yes. It doesn't specifically state the	22	men?
23	gender. What this is talking about is PREA	23	A. Yes.
24	standards where you have to have a single person	24	Q. And is that that's not something the
	Page 131		Page 133
			-
1	doing the search.	1	committee addresses? Is that what you're saying?
2	Q. Well, the PREA standards also talk about	2	A. That's not something that we would
3	cross-gender searches, don't they?	3	address.
4	A. I don't know the quote of where that	4	Q. Isn't that a part of social transition?
5	would be, but so	5	A. That is determined has been determined
6	Q. So the so the this doesn't	6	that this is a security matter that's being driven
7	address	7	by meeting of PREA standards, in terms of searches.
8	A. It doesn't address.	8	Q. Looking at Slide 94, so the question
9	Q it doesn't address the gender of the	9	acks: Aren't offender
			asks: Aren't offender
10	searching. It doesn't prohibit transgender women	10	(Court reporter clarification.)
11	being searched by men?	11	(Court reporter clarification.) Q. (By Mr. Knight) The question asks:
11 12	being searched by men?A. It does not specifically address that	11 12	(Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are
11 12 13	being searched by men?A. It does not specifically address that issue.	11 12 13	(Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something?
11 12 13 14	being searched by men?A. It does not specifically address that issue.Q. And does the committee address that?	11 12 13 14	(Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes.
11 12 13 14 15	being searched by men?A. It does not specifically address that issue.Q. And does the committee address that?A. That is addressed from a site level. It	11 12 13 14 15	(Court reporter clarification.)Q. (By Mr. Knight) The question asks:Aren't offender who say for the first time they are transgender just faking to get something?A. Uh-huh. Yes.Q. And is that an issue that happens at the
11 12 13 14 15 16	being searched by men?A. It does not specifically address that issue.Q. And does the committee address that?A. That is addressed from a site level. It is done by the gender that would normally do it,	11 12 13 14 15 16	 (Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes. Q. And is that an issue that happens at the facilities, that facility staff think that someone's
11 12 13 14 15 16 17	being searched by men?A. It does not specifically address that issue.Q. And does the committee address that?A. That is addressed from a site level. It is done by the gender that would normally do it, given the circumstance of the facility. Both men	11 12 13 14 15 16 17	(Court reporter clarification.)Q. (By Mr. Knight) The question asks:Aren't offender who say for the first time they are transgender just faking to get something?A. Uh-huh. Yes.Q. And is that an issue that happens at the facilities, that facility staff think that someone's faking?
11 12 13 14 15 16 17 18	being searched by men?A. It does not specifically address that issue.Q. And does the committee address that?A. That is addressed from a site level. It is done by the gender that would normally do it, given the circumstance of the facility. Both men and women are authorized to do searches in both the	11 12 13 14 15 16 17 18	 (Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes. Q. And is that an issue that happens at the facilities, that facility staff think that someone's faking? A. I haven't heard official kinds of
11 12 13 14 15 16 17 18 19	 being searched by men? A. It does not specifically address that issue. Q. And does the committee address that? A. That is addressed from a site level. It is done by the gender that would normally do it, given the circumstance of the facility. Both men and women are authorized to do searches in both the male and female division, and the each site has a 	11 12 13 14 15 16 17 18 19	 (Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes. Q. And is that an issue that happens at the facilities, that facility staff think that someone's faking? A. I haven't heard official kinds of comments like that. What I will generally hear when
11 12 13 14 15 16 17 18 19 20	 being searched by men? A. It does not specifically address that issue. Q. And does the committee address that? A. That is addressed from a site level. It is done by the gender that would normally do it, given the circumstance of the facility. Both men and women are authorized to do searches in both the male and female division, and the each site has a standard that they generally will use. And that's 	11 12 13 14 15 16 17 18 19 20	 (Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes. Q. And is that an issue that happens at the facilities, that facility staff think that someone's faking? A. I haven't heard official kinds of comments like that. What I will generally hear when people know that I, you know, work with this kind of
11 12 13 14 15 16 17 18 19 20 21	 being searched by men? A. It does not specifically address that issue. Q. And does the committee address that? A. That is addressed from a site level. It is done by the gender that would normally do it, given the circumstance of the facility. Both men and women are authorized to do searches in both the male and female division, and the each site has a standard that they generally will use. And that's decided at the site level. Offenders are allowed to 	11 12 13 14 15 16 17 18 19 20 21	 (Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes. Q. And is that an issue that happens at the facilities, that facility staff think that someone's faking? A. I haven't heard official kinds of comments like that. What I will generally hear when people know that I, you know, work with this kind of training and what have you is they ask questions
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11 12 13 14 15 16 17 18 19 20 21 22	 being searched by men? A. It does not specifically address that issue. Q. And does the committee address that? A. That is addressed from a site level. It is done by the gender that would normally do it, given the circumstance of the facility. Both men and women are authorized to do searches in both the male and female division, and the each site has a standard that they generally will use. And that's decided at the site level. Offenders are allowed to file a grievance form for review for 	11 12 13 14 15 16 17 18 19 20 21 22	 (Court reporter clarification.) Q. (By Mr. Knight) The question asks: Aren't offender who say for the first time they are transgender just faking to get something? A. Uh-huh. Yes. Q. And is that an issue that happens at the facilities, that facility staff think that someone's faking? A. I haven't heard official kinds of comments like that. What I will generally hear when people know that I, you know, work with this kind of training and what have you is they ask questions about whether or not individuals are just faking.

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1	Page 134		Page 136
	really transgender, they're cisgender; but,	1	therapy, it's available. If you need treatment,
2	you know, they just want to be with women? Those	2	some individuals have some mental illnesses that
3	those are the kind of questions that I have to	3	need be treated, then again, we'll strongly
4	dispel, on occasion.	4	encourage. But but there are many individuals
5	Q. So the so the the thing they're	5	that we have that don't need the therapy component.
6	faking to get would be to go to the female facility?	6	Q. In looking at Slide 102, these these
7	A. Yes. Or special treatment, where they're	7	are sites that are provided for the facility staff?
8	going to be seeing a therapist. There's any number	8	For the medical staff? For the facility staff in
9	of things that the staff are assuming that they're	9	general?
10	wanting, right?	10	A. Everybody gets access. This is a
11	Q. And and you tell them that that's, in	11	training for all staff. So these are additional
12	fact, not a	12	information. Quite honestly, it's probably going to
13	A. It's not.	13	be the the mental health and the medical staff, I
14	Q correct way to review you in	14	would anticipate, would be the most interested. But
15	other words, you tell them that's not correct?	15	it provides some resources for people who want to
16	A. I tell them that's not correct.	16	learn more, so that's why these are provided.
17	Q. Okay. And on Slide 99, there's a	17	Q. And and you're they're provided
18	reference to not everyone needing therapy groups.	18	because you believe they're helpful and
19	Do you see that?	19	authoritative?
20	A. Yes.	20	A. Yes. I think these are helpful sites and
21	Q. And so that is is that is that an	21	authoritative. And they provide different angles on
22	issue that has come up?	22	different topics that were discussed in here if
23	A. Yes. There is an offender at one of my	23	people want to get further information about why
24	facilities in my region, and she was talking to the	24	we're suggesting these are really important topics.
	Page 135		Page 137
1			
		1	O Okay And the so there was a point
1	therapist. She says, I don't want to be in these groups. I'm fine: Liust want to do my time kind of	1	Q. Okay. And the so there was a point where you were not doing training. Are you saying
2	groups, I'm fine; I just want to do my time, kind of	2	where you were not doing training. Are you saying
2 3	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have	2 3	where you were not doing training. Are you saying you are doing training now?
2 3 4	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in	2 3 4	where you were not doing training. Are you saying you are doing training now?A. Yes. We're doing training now. I have a
2 3 4 5	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in those sorts of things.	2 3 4 5	where you were not doing training. Are you saying you are doing training now?A. Yes. We're doing training now. I have a significant amount of time that that I am allowed
2 3 4 5 6	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in those sorts of things. 'Cause the therapist was really concerned	2 3 4 5 6	where you were not doing training. Are you saying you are doing training now?A. Yes. We're doing training now. I have a significant amount of time that that I am allowed to go and spend and travel and and do this across
2 3 4 5 6 7	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in those sorts of things. 'Cause the therapist was really concerned about, well, don't all offenders have to go to this	2 3 4 5 6 7	where you were not doing training. Are you saying you are doing training now?A. Yes. We're doing training now. I have a significant amount of time that that I am allowed to go and spend and travel and and do this across the state.
2 3 4 5 6 7 8	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in those sorts of things. 'Cause the therapist was really concerned about, well, don't all offenders have to go to this group? And I was explaining that this is voluntary.	2 3 4 5 6 7 8	 where you were not doing training. Are you saying you are doing training now? A. Yes. We're doing training now. I have a significant amount of time that that I am allowed to go and spend and travel and and do this across the state. Q. And does is there training at
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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in those sorts of things. 'Cause the therapist was really concerned about, well, don't all offenders have to go to this group? And I was explaining that this is voluntary. We can talk about the advantages and disadvantages, but if this is not particularly something that this person finds useful, then that's okay too. I had a similar conversation with a transgender man that's in the male division. And he also communicated a lack of interest, at least at that time. But I reminded but every offender is reminded that it's not a one-shot deal. If you change your mind, it's available. Q. And but and that these participant and therapy groups is not a condition or should not	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	 where you were not doing training. Are you saying you are doing training now? A. Yes. We're doing training now. I have a significant amount of time that that I am allowed to go and spend and travel and and do this across the state. Q. And does is there training at facilities on transgender health every year? A. This is newly launched. Q. Right, I guess A. This training will be annual because it's a part of that annual cycled training. So they're going to just take this and put it right, you know, wherever something else was. And they'll make the time frames. Q. Right. A. Maybe they'll extend it longer. Q. And is the
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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	groups, I'm fine; I just want to do my time, kind of keep a low profile, and then go home. I don't have a long sentence. I don't want to get involved in those sorts of things. 'Cause the therapist was really concerned about, well, don't all offenders have to go to this group? And I was explaining that this is voluntary. We can talk about the advantages and disadvantages, but if this is not particularly something that this person finds useful, then that's okay too. I had a similar conversation with a transgender man that's in the male division. And he also communicated a lack of interest, at least at that time. But I reminded but every offender is reminded that it's not a one-shot deal. If you change your mind, it's available. Q. And but and that these participant and therapy groups is not a condition or should not be a condition on someone being able to get care such as hormone therapy; is that right?	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	 where you were not doing training. Are you saying you are doing training now? A. Yes. We're doing training now. I have a significant amount of time that that I am allowed to go and spend and travel and and do this across the state. Q. And does is there training at facilities on transgender health every year? A. This is newly launched. Q. Right, I guess A. This training will be annual because it's a part of that annual cycled training. So they're going to just take this and put it right, you know, wherever something else was. And they'll make the time frames. Q. Right. A. Maybe they'll extend it longer. Q. And is the A. This is being added on the mental health day.

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	<i>#</i> !	545	
	Page 138		Page 140
1	A. No. This is new.	1	off?
2	Q. Okay. And did it happen how how	2	MR. KNIGHT: I actually would like to so
3	oft you know, let's how often did it happen?	3	let can we just go ahead and take a break? And
4	I mean, once every five years? Once every I	4	should we take how long, an hour or 45 minutes
5	mean, you've only mentioned two different years	5	or
6	where you've provided you've provided training	6	MR. HIGGERSON: Let's take less, if that's okay
7	prior to this year at this point.	7	with you.
8	A. Yeah, I don't want to I'm trying to be	8	THE COURT REPORTER: Should we go off the
9		9	record?
	conservative so I don't overstate what I'm doing.	10	
10	Q. Okay.		MR. KNIGHT: Sure. Let's go off the record.
11	A. Dealing with an LGBT community is part of	11	THE VIDEOGRAPHER: It's 12:18 P.M. We go off
12	other trainings but not enough to address the issues	12	the record.
13	for the the treatment. It doesn't have the	13	(A recess was had from 12:18 p.m. to
14	the level of detail. It's it's kind of like	14	12:56 p.m.)
15	like a slide or two. Don't quote me on that exact	15	THE VIDEOGRAPHER: It is the beginning of Tape
16	number, but it wasn't sufficient, in my opinion, to	16	No. 3 of the testimony of Dr. Reister. It is
17	really help people with proper management and	17	12:56 P.M. We are back on the record.
18	rehabilitation and helping launch the transgender	18	Q. (By Mr. Knight) Okay. Dr. Reister,
19	offender successfully into the community and for	19	you're still under oath.
20	good reentry. So that's why I went into more	20	THE COURT REPORTER: Reister.
21	detail, and it's an hour and 45 minutes was	21	A. Yes.
22	needed.	22	MR. KNIGHT: Reister. Thank you for correcting
23	MR. KNIGHT: Okay. I would I'd I'd like	23	me.
24	to take a break at some point. Are are we at a	24	I would like to mark this as Reister Exhibit 7.
	Page 139		Page 141
1	place where we could take a break?	1	(WHEREUPON, a certain document was
2	MR. HIGGERSON: I believe so. I mean	2	marked Reister Exhibit 7, for
3	MR. KNIGHT: I mean, it's you know.	3	identification, as of
4	MR. HIGGERSON: It's your questions. I don't	4	April 19, 2019.)
5	know.	5	Q. (By Mr. Knight) Okay. Dr. Reister,
6	MR. KNIGHT: No, no. I I'm just asking.	6	could you identify exhibit Reister Exhibit 7?
7	MR. HIGGERSON: Yeah.	7	A. These are my notes that I wrote when I
	MR. KNIGHT: Because it would be convenient to	1	5
8		8	was preparing and I was trying to think about what I
9	take a a break for lunch now and then complete	9	do
10	with Dr. Reister after lunch, and then turn to	10	Q. Uh-huh.
11	Dr. Puga.	11	A in terms of the department and the
12	MR. HIGGERSON: That's fine. How long are you	12	transgender community as a whole. And so these are
13	going to be? Do you know how long Puga is going to	13	kind of like the various things I spend time
14	be compared to this? Or I'm just	14	addressing. And I just wanted to make sure that I
15	MR. KNIGHT: I'm guessing a similar length,	15	had in my mind things that sometimes are forgotten,
16	maybe longer. I don't know.	16	I guess is a good way. So these are like the things
17	MR. HIGGERSON: Okay.	17	you might forget kind of list that I had.
18	MR. KNIGHT: I mean, he's he is there are	18	So like, for example do you want me to
19	a number of specifics to his the topic areas he's	19	describe what the notes are?
20	addressing in terms of the directives, et cetera.	20	Q. I I
21	So I think it may take even longer, frankly.	21	A. Or do you
22	MR. HIGGERSON: Okay.	22	Q. Let me ask some specific questions about
23	MR. KNIGHT: Okay.	23	them.
24	THE VIDEOGRAPHER: So you still want me to go	24	A. Okay.
-		1	
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1	Q how many conversations have you had	1	Q. What kind of medical treatment or
2	with her?	2	where will they get medical treatment when they're
3	A. We had a conversation earlier in the	3	released?
4	year, and then we got together and I exchanged some	4	A. Yes.
5	information. I sent slides over to her, and then I	5	
6	went and I visited those two sites all in one day.	6	Q. Okay. Have you has the department and have you hired these people or just spoken to
7	And	7	them?
8	Q. So that sounds like a conversation and	8	A. I'm consulting with them, yes.
9	a one meeting?	9	Q. And you're paying them
10	A. Yes. We're just forging this	10	A. No. We're we're
11	relationship with them.	11	Q. You're just speaking to them, and they're
12	Q. Okay. And this is a relationship for	12	agreeing to speak with you
13	purposes of creating or helping offenders when	13	A. Yes.
14^{13}	they leave, when they are released; is that right?	14	
$14 \\ 15$	A. It's two it's twofold. It's to	15	•
16		16	A. Yeah. And they're consulting and and, you know, Caitlin's looking over the the slides
17	help actually threefold if you think about it.	17	for free. That's
18	It's to help with reentry. It's also to help if one of their clients become incarcerated, as well as to	18	
19		19	Q. Okay. A. Yeah.
20	get some outside opinions on our trainings and to	20	
20 21	help again, I'm trying to forge so that we can	21	Q. And my I guess my question is: Have you has the department or the committee hired an
22	have like some speakers come in and different things like that. I'm trying to build that network.	22	•
23		23	outside expert to help it provide better medical care?
23 24	Q. Have you and then you mentioned somebody in St. Louis?	23	
24	· · · · · · · · · · · · · · · · · · ·	24	A. Not to my knowledge, although I'm not
	Page 155		Page 157
1	A. Yes. I was talking with Dr. Prelutsky in	1 1	
1		1	sure what if the health services has done
2	St. Louis about challenges in terms of if we have a	2	something I'm not aware of, but I'm not aware of any
2 3	St. Louis about challenges in terms of if we have a client from Southern Illinois. And basically, he	2 3	something I'm not aware of, but I'm not aware of any outside.
2 3 4	St. Louis about challenges in terms of if we have a client from Southern Illinois. And basically, he was educating me that part of the problem with the	2 3 4	something I'm not aware of, but I'm not aware of any outside. Q. Okay. So they're so you're not aware
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2 3 4 5 6	St. Louis about challenges in terms of if we have a client from Southern Illinois. And basically, he was educating me that part of the problem with the healthcare is making sure that there's some funding; that there has to be insurance or Medicare or, in	2 3 4 5 6	something I'm not aware of, but I'm not aware of any outside.Q. Okay. So they're so you're not aware of any outside experts being hired to review the treatment plan, for example, or or the for a
2 3 4 5 6 7	St. Louis about challenges in terms of if we have a client from Southern Illinois. And basically, he was educating me that part of the problem with the healthcare is making sure that there's some funding; that there has to be insurance or Medicare or, in the St. Louis area, there could be problems with	2 3 4 5 6 7	something I'm not aware of, but I'm not aware of any outside. Q. Okay. So they're so you're not aware of any outside experts being hired to review the treatment plan, for example, or or the for a particular individual with gender dysphoria?
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40 (Pages 154 to 157)

Page 158Page 1601A. Yes.1A. Uh-huh.2Q. Dr. Ettner, for example, is1A. Uh-huh.3A. Yes.1A. Uh-huh.4Q an export in that area?35her information from her resources that she56her information from her resources that she67A. She is a top person, and I use a lot of58Q. Have you had a situation with a79A. Mol kab base seen her speak610really benefit from outside consultation with an1011that ne expert on the outside?1112A. If there is an issue that we were to need1213to do that, I have ways of consulting through the1314LISTSERV. We haven't had to do that yet, and1415there's two of us that are WPATH members, so1719A. Kellic Gaeg just became a - a WPATH1919out - with WPATH members, so1719A. Kellic Gaeg just became a - a WPATH1910out at with you - you're saying while2112Q. Okay. Bot you - you're saying while2214Conference.1015there strong maxima shat case about?116conference.117A. No. I trid reaching out and sending an2418you're done at this point?2019Q. Okay. And the - thest massgender care committee19read out to them to se		#	547	
2Q. Dr. Ettner, for example, is A. Yes.2Q. Is this this monthly availability you make yourself available to the mental health make yourself available to the mental health make yourself available to the mental health make yourself available to the mental health more yourself available to the mental health make yourself available to the mental health more yourself available to the mental health more yourself available to the mental health more were talk about transgender area case conference where we talk about cases and we share to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they meed to, they can give me a call. Clear this work ore share are an WPATH immether. She's over at Robinson Correctional Center. Q. Okay. But you - you're saying while you wave access to that, it's not something that you're done at this point? Q. Okay. Aut you - you're saying while you have access to that, it's not something that you wave access to that, it's not something that you're done at this point? Q. Okay. Aut you - you're saying while you have access to that, it's not something that you're done at this point?<		Page 158		Page 160
2Q. Dr. Ettner, for example, is A. Yes.2Q. Is this this monthly availability you make yourself available to the mental health make yourself available to the mental health make yourself available to the mental health make yourself available to the mental health more yourself available to the mental health make yourself available to the mental health more yourself available to the mental health more yourself available to the mental health more were talk about transgender area case conference where we talk about cases and we share to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they want to call me up. In also available to also if they meed to, they can give me a call. Clear this work ore share are an WPATH immether. She's over at Robinson Correctional Center. Q. Okay. But you - you're saying while you wave access to that, it's not something that you're done at this point? Q. Okay. Aut you - you're saying while you have access to that, it's not something that you wave access to that, it's not something that you're done at this point? Q. Okay. Aut you - you're saying while you have access to that, it's not something that you're done at this point?<	1	A. Yes.	1	A. Uh-huh.
3A. Yes.3make yourself available to the mental health4Q on expert in that area?5A. She is a top person, and I use a lot of56her information from her resources that she6A. They also call in between. Yeah, so7provides. And I also have seen the speak.6A. They also call in between. Yeah, so8Q. Have you had a situation with a7that - that there is a transgender care case9craffering work to call be only benefit from outside consultation with an1011out - with an expert on the outside?1112A. If there is an issue that we were to need1213to do that, I have ways of consulting through the1314LISTSERV. We haven thad to do that yet, and1415there's two of us that are WPATH any out is a1718WPATH-18Q. The - this transgender care canomittee19A. Kellie Gage just became a - a WPATH19ocnference - I'm sonry - transgender care oralite21you've done at this point?23Q. Okay. And the - these - making23you've done at this point?23Q. Okay. And the - these - making24A. No. I tried reaching out and sending an24youtaff available for calls is, of course,14email for assistance, but I didn't get a response10voluntary. If they - if they want to reach out to2you've done at this point?23Q. And how many of those do you get a month,3q. And -9A. Yeah. One,			2	
4 Q an expert in that area? 4 professionals to speak about transgender healthcare 5 A. She is a top person, and J use a lot of issues? 6 her information from her resources that she 7 7 provides. And I also have seen her speak. 7 8 Q. Have you had a situation with a 10 9 transgender inmate in which you felt like we could 9 10 really benefit from outside consultation with an 10 10 out with an expert on the outside? 11 11 classe I have seat allow is a strate of the coll. So as long as I have a 12 A. If there is an issue that we were to need 12 14 LISTSERV. We haven't had to do that yet, and 14 Often, they'll just shoot me an email, 15 there's two of us that are WPATH members, so 16 Q. Okay. 17 18 WPATH - 18 Q. Okay. But you - you're saying while 21 Q. Cokay. But you - you're saying while 21 you have access to that, it's not something that 22 24 A. I's volintary. 12 you have accest to that, it's not something ant 24 Q. Okay. And the -				
5 A. She is a top person, and I use a lot of provides. And I also have seen ber speak. 5 A. They also call in between. Yeah, so that				•
6 her information from her resources that she 6 A. They also call in between. Yeah, so 7 provides. And I also have seen her speak. 6 A. They also call in between. Yeah, so 9 transgender immate in which you felt like we could 7 fifthere we talk about cases and we share 9 transgender immate in which you felt like we could 7 fifthere we talk about cases and we share 11 out - with an expert on the outside? 10 also of that, I have ways of consulting through the 12 A. If there is an issue that we were to need 12 call signal, if they need to, they can give me a 14 LISTSERV. We haven't had to do that yet, and 14 hey, can we talk? And then we 15 there's two of us that ore UPATH 18 Q. The this transgender care case 19 A. Kellie Gage just became a a WPATH 18 Q. The this transgender care case 10 Okay. But you - you're saying while 22 Q. Okay. Q. Okay. 24 You're done at this jori? 23 Q. Okay. Q. Okay. 24 You have access to that, it's not something that 24 Q. Okay. Q. Okay. 24 You ave access to		· •		· · · ·
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